

See To Learn

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It is that time of year again - Back to School - and we would like to remind everyone of the importance of an annual eye exam for your children. Problems in your children's vision may go undetected because they assume everyone sees the same way they do. Children who have difficulty learning often become frustrated and can develop a poor self-image, lose interest in school and even turn to delinquent behavior.

A thorough eye examination by an eye doctor is important to ensure that vision problems don't affect your child's ability to learn. School screenings, although beneficial, are not a substitute for a comprehensive vision examination by an optometrist or ophthalmologist.

What is **SEE TO LEARN**? SEE TO LEARN is an innovative, three-step preventative health program designed to ensure that kindergarten children entering school can see to learn and to educate parents and teachers about the warning signs of vision problems in all school-age children.

Step 1: **Ongoing education** to alert parents and educators about the signs of vision problems in children of any age.

Step 2: **A free vision assessment** for your three-year-old by a

participating Eye Care Council optometrist. This is designed to detect vision conditions that require correction at an early age. Although vision problems among the very young are generally uncommon, some serious conditions like amblyopia (lazy eye) and strabismus (turned eye), require care before age 5 to avoid permanent loss of vision.

Step 3: **A professional vision examination** by an optometrist or ophthalmologist paid for by you, the parent, before or during your child's first year of school. This is an important investment that will help ensure that vision problems do not affect your child's ability to learn and do well in school.