Vision Care 4Life Education Sheet



Any questions? Call us today at: 316-682-9891 or www.visioncare4life.com

Convergence Insufficiency

Convergence insufficiency occurs when your eyes don't turn inward properly while you're focusing on a nearby object. When you read or look at a close object, your eyes should converge and focus together so that you see a single image. This ability is referred to as eye teaming or eye coordination. The technical term for this ability is BINOCULAR VISION. Convergence Insufficiency is most often diagnosed in older children and adolescents. Some parents of children with convergence insufficiency may think their child has a learning disability because the condition can cause difficulty with reading. The toughest part of diagnosing this disorder is that many people with convergence insufficiency have 20/20 vision so that basic eye checks and school screenings will not always catch it. Convergence Insufficiency can be remedied in most cases with vision therapy, exercises to teach the eye/brain system to properly converge and

focus.

